

### Summary of Booklet 3 - Sap

- You are the new temple of God's Spirit.
- God generously gives his Spirit to those who receive Jesus.
- When you are filled with the Spirit, the fruits of the Spirit will show.



Tree of Life Discipleship Series

**Booklet 3**

**Sap**

And the disciples were filled with joy  
and with the Holy Spirit.  
Acts 13:52

## Booklet 2 – Sap

### Table of Contents:

Lesson 1 – God’s Plan for the Holy Spirit	Page 3
Lesson 2 – How to Receive the Holy Spirit	Page 6
Lesson 3 – How to be Filled with the Holy Spirit	Page 9

### Symbols Used in the Series



When you see this symbol in the booklets, stop and pray right then about what God is saying to you.



When you see this symbol it means there is a homework assignment to do.



When you see this symbol it means the subject is like a deep well and requires special thought.

23) According to the Apostle Paul in 1 Corinthians 12:31, which are greater, the gifts of the Spirit listed in 1 Corinthians 12, or the fruits of the Spirit listed in 1 Corinthians 13 and Galatians 5:22, 23?

24) In 1 Corinthians 12:29, 30, Paul says that not everybody will speak in tongues (foreign or heavenly languages). Further, 1 John 4:1 says that Satan can counterfeit supernatural gifts. Therefore, speaking in tongues or performing other gifts of the Spirit is not a true test that you have the Holy Spirit. The true test is given by Jesus in Matthew 7:15-20. What is the true test?

Satan can copy the gifts of the Spirit; however, he does not copy the fruits of the Spirit. Therefore, only the fruits of the Spirit in your life show you have believed on Jesus Christ and received his Holy Spirit. The fruits of the Spirit are discussed in detail in Booklet 5—Fruit.



Go through the list of the fruit of the Spirit and ask yourself if there is evidence of these qualities in your life. If you are growing in these areas, then the life-giving sap of the Holy Spirit flows in your life.

### Review of Lesson 3

- You must both receive and be filled with the Holy Spirit.
- Practice the habits that lead to Holy Spirit filling.
- The difference between the gifts and the fruit of the Spirit.
- The fruits of the Spirit test if we have the Holy Spirit.

These are commands to do your part by raising your sails to the filling and power of the Spirit of Jesus. The way to raise your sails is through the basic Christian disciplines (good habits):

- Read the Bible
- Pray/Meditate/Fast
- Worship
- Fellowship/ Accountability
- Empty Yourself
- Serve Others

It is important to remember you do not use these disciplines to earn acceptance from God; rather, you do them to be filled with the Holy Spirit. By yourself, you cannot make good fruit; however, when you are filled with the Spirit, fruit comes naturally.

The following questions will help you know if you have the Holy Spirit.

20) Read 1 Corinthians 12. What is the overall topic of this chapter?

21) In verse 31 it says we are to desire the gifts that are greater than the spiritual gifts just covered in chapter 12. Paul also says he is going to show us what these greater gifts are. Read the next chapter, 1 Corinthians 13. What is the overall topic?

22) Love is discussed in detail in 1 Corinthians 13 and it is the first of the fruits of the Spirit. The rest of the fruit of the Spirit are listed in Galatians 5:22, 23. Write them here.



## Lesson 1 – God’s Plan for the Holy Spirit

In this lesson you will learn:

- God’s plan for the Holy Spirit throughout history.
- You are made like the temple.
- You are the temple of God.

Your tree has pushed roots into the foundation of Jesus and begun to feed on the nutrients of his truth. Now it is time to allow the sap of the Holy Spirit to flow through your life. The sap (juice) of a tree is the source of life moving through its trunk and branches. Just so, the Spirit of Jesus—also known as the Holy Spirit—is the source of spiritual life that moves in you.

1) Read John 3:5-8. Here Jesus compares the Holy Spirit working inside a person to wind. Name some ways wind is like the Holy Spirit. How is sap like the Holy Spirit?

2) What are some of the functional names for the Holy Spirit according to these passages: John 14:16, 17; John 14:26; Romans 8:2?

We first need to understand the history of God’s plan concerning the Holy Spirit. In the beginning mankind was created to have spiritual union with God; however, when the first man and woman, Adam and Eve, sinned, the union was broken. God’s Spirit could not live inside sinful people.



## Lesson 3 – How To Be Filled With the Holy Spirit

In this lesson you will learn:

- The difference between receiving and filling of the Spirit.
- Habits that lead to Holy Spirit filling.
- The difference between the gifts and the fruit of the Spirit.
- The test to see if you have the Holy Spirit.

Even though we received the Holy Spirit by accepting Jesus as Savior, the Spirit's power in our life will be small if we are not obedient to his control. We must both receive the Holy Spirit and be filled with him.



A sailboat may have the wind blowing all around it, and never be moved by the wind's strength. To use the power of the wind, the boat must raise its sails. The sails must then be constantly adjusted for changes in direction and speed.

According to the promises of Scripture, if you have trusted on Jesus Christ, you are standing in the wind of the Holy Spirit of Jesus. However, we don't always raise our sails. You must give your life to his control and adjust to his direction and timing.

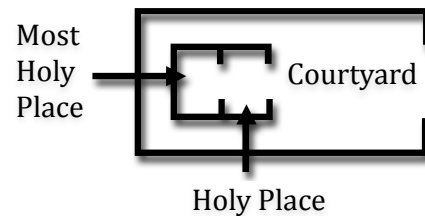
18) What does 1 Thessalonians 5:19 warn against?

19) What do Galatians 5:25 and Ephesians 5:18 encourage you to do?

3) Beginning with the time of Moses, God's Spirit came into a temple. In Exodus 25:8, 9, who provided the plans for the tabernacle? What special warning was given for the building of this temple?

God dwelt among his people; however, his glory remained inside the temporary temple, hidden by a curtain. Later the tabernacle was replaced by a stone temple built by King Solomon.

The pattern given by God for the new temple was the same as the tabernacle of Moses. Both had an outer court, an inner holy place, and another room inside the holy place called the most holy place. The curtain was between the holy place and the most holy place.



4) What happened when God's Spirit moved into the temple? Read Exodus 40:34, 35.

Later the Holy Spirit left the temple because, even with the curtain, the people were bringing sin too close. God had a new and better plan.

In the passages above we learn the Holy Spirit was promised to all who receive Jesus. At special times, it was necessary for the Apostles to lay hands on and pray for the believers. Thus, we cannot always control the work of the Holy Spirit. We can only open ourselves to receive whatever gifts he decides are best for his glory in our life.

16) According to Romans 8:9, is it possible to be a Christian if you do not have the Holy Spirit?

17) In Luke 11:13, what does Jesus promise?

Do not doubt God will give his Holy Spirit if you receive Jesus in baptism and earnestly seek the Spirit; however, he may come in an unexpected way.



Ask the heavenly Father now for more of the Holy Spirit.

#### Review of Lesson 2

- The Holy Spirit is out of our control.
- Jesus promised the Holy Spirit.
- The Holy Spirit is given to all who receive Jesus.
- God is generous in giving his Spirit.

5) Read 1 Corinthians 3:16, 17. Where is the new temple of God?

The old temples were built according to God's exact pattern because they were pictures of the living temple God had in mind. The outer courtyard was a picture of our body. The holy place was a picture of our mind. The most holy place was like our spirit.

When Jesus died on the cross to take away sins, he made it possible for the Holy Spirit to live with humans once again.

6) In Matthew 27:50, 51, what symbolic act did God perform to reveal he was no longer in the most holy place and show there was no longer a barrier between his people and him?

The most important difference between the Old Testament and the New Testament is the Holy Spirit is no longer found in temples, but in the hearts of God's followers. Since the first sin separated God from humans, God planned and foretold this new union. The Holy Spirit living in the believer is the greatest blessing a Christian has.

#### Review of Lesson 1

- From the beginning God planned to make his home in us.
- You are made like the temple building.
- You are the new temple of God.



## Lesson 2 – How to Receive the Holy Spirit

In this lesson you will learn:

- The Holy Spirit is out of our control.
- Jesus promised the Holy Spirit.
- The Holy Spirit is given to all who receive Jesus.
- God is generous in giving his Spirit.

The Holy Spirit often surprises us. Recall in lesson 1 of this book we read how Jesus compared the Holy Spirit to the wind. Just as we cannot see, hold, or predict the wind, so we cannot control the Spirit of God.

7) In John 16:5-7 Jesus said it was better if he left because then something special could happen. What did he promise would happen?

8) After Jesus rose up to heaven, the promised Holy Spirit came. What were the signs of his coming in Acts 2:1-11?

9) Up to the time of the coming of the Holy Spirit, the apostles (twelve leaders selected by Jesus) and the disciples (all the followers of Jesus) did not have special ministry power. After the Holy Spirit came, what were they given powered to do? See Acts 4:31-35.

10) Read Acts 2:38, 39. What were the people told to do in order to receive the Holy Spirit?

11) In Mark 16:15-18 Jesus gives his last words before leaving. He provides examples of signs from the Holy Spirit. According to Jesus, what must we do to receive salvation and special power?

12) In Acts 8:14-17, how did the believers receive the Holy Spirit?

13) In 1 Corinthians 12:1-11, what are some of the gifts of the Holy Spirit?

14) The gifts of the Spirit are never given to bring glory to us. According to 1 Corinthians 12:7, why are they given?

15) According to 1 Corinthians 12:27-31, should we all expect to have the same gifts? Look at the list in this passage. Are all the gifts supernatural?